

## CLAIMS

What is Claimed:

1. An adjustable areola and nipple prosthesis comprising:

an areola having a thin and flexible inner surface and an outer concave surface, the outer concave surface including a central portion and an exterior portion, said exterior portion containing rounded sebaceous glands (montgomery follicles) and rounded sweat glands; and

a nipple protruding outwardly from the central portion of the outer concave surface of the areola

wherein said areola and said nipple may be adjusted in size, shape and height.

2. The adjustable areola and nipple prosthesis of claim 1 wherein said prosthesis includes cut lines.

3. The adjustable areola and nipple prosthesis of claim 1 wherein said prosthesis is constructed of a materials selected from the group consisting of: Petrochemicals, Thermoplastics, Latex-Plastics, Rubber, Foam Rubber, Silicone, Vinyl-PVC, Woven Materials, Fabric, Textiles, Paper Goods, Natural Latex, Acrylates Copolymer, Triethanolamine, Propylene, Glycol, Diazolidnyl Urea, Methylparaben, Propylparaben, Polyesters, Cellulosic, Derivative Materials, Fluorinated Polymers, Epoxies, Phenolics, Collagen, Hydrogels, Elastic and Vulcanized Rubber and combinations thereof.

4. The adjustable areola and nipple prosthesis of claim 1 wherein said prosthesis is made of a colored material.

5. The adjustable areola and nipple prosthesis of claim 1 wherein said prosthesis is made of a flavored material.

6. The adjustable areola and nipple prosthesis of claim 1 wherein said prosthesis further comprises an adhesive on the inner surface of the areola.

7. The adjustable areola and nipple prosthesis of claim 5 wherein the adhesive is provided as one or more adhesive circles.

8. The adjustable areola and nipple prosthesis of claim 1 wherein said prosthesis further comprises an adhesive on the outer concave surface of the areola.

9. The adjustable areola and nipple prosthesis of claim 7 wherein the adhesive is provides as one or adhesive circles.

10. The adjustable areola and nipple prosthesis of claim 1 wherein said nipple is square in shape.

11. The adjustable areola and nipple prosthesis of claim 1 wherein said nipple is rounded in shape.

12. The adjustable areola and nipple prosthesis of claim 1 wherein the areola has a diameter of from about .5 to about 3 inches.

13. The adjustable areola and nipple prosthesis of claim 1 wherein the nipple has a height of from about .25 to about 1 inch in height.

14. The adjustable areola prosthesis comprising an areola having an thin and flexible inner surface and an outer concave surface, the outer concave surface including a central portion and an exterior portion, said exterior portion containing sebaceous

glands (montgomery follicles) and sweat glands, wherein said areola may be adjusted in size.

15. The adjustable areola and nipple prosthesis of claim I wherein said prosthesis includes cut lines.

16. The adjustable areola prosthesis of claim 13 wherein said prosthesis is constructed of a materials selected from the group consisting of : Petrochemicals, Thermoplastics, Latex-Plastics, Rubber, Foam Rubber, Silicone, Vinyl-PVC, Woven Materials, Fabric, Textiles, Paper Goods, Natural Latex, Acrylates Copolymer, Triethanolamine, Propylene, Glycol, Diazolidnyl tjera, Methylparaben, Propylparaben, Polyesters, Cellulosic, Derivative Materials, Fluorinated Polymers, Epoxies, Phenolics, Collagen, Hydrogels, Elastic and Vulcanized Rubber and combinations thereof.

17. The adjustable areola prosthesis of claim 13 wherein said prosthesis is made of a colored material.

18. The adjustable areola prosthesis of claim 13 wherein said prosthesis is made of a flavored material.

19. The adjustable areola prosthesis of claim 13 wherein said prosthesis further comprises an adhesive on the inner thin and flexible surface of the areola.

20. The adjustable areola prosthesis of claim 17 wherein the adhesive is provided as one of more adhesive circles.

21. The adjustable areola prosthesis of claim 13 wherein said prosthesis further comprises an adhesive on the outer concave surface of the areola

22. The adjustable areola prosthesis of claim 19 wherein the adhesive is provided as one or more adhesive circles.

23. The adjustable areola prosthesis of claim 13 wherein said prosthesis further comprises an adhesive on the outer and inner surface of the areola.

24. The adjustable areola prosthesis of claim 21 wherein the adhesive is provide as one or more adhesive circles.

25. A method of enhancing breast appearance, the method comprising;  
forming an adjustable areola and nipple prosthesis to a desired size;  
attaching the adjustable prosthesis,

wherein the adjustable prosthesis includes an areola having an thin and flexible inner surface and an outer concave surface, the outer concave surface including a central portion and an exterior portion, said exterior portion containing rounded sebaceous glands (montgomery follicles) and rounded sweat glands; and a nipple protruding outwardly from the central portion of the outer concave surface of the areola.

26. A method of preventing nipple protrusion, the method comprising;  
forming an adjustable areola prosthesis to a desired size;  
attaching the adjustable prosthesis,

wherein the adjustable prosthesis includes an areola have an inner surface and an outer concave surface, the outer concave surface including a central portion and an

exterior portion, said exterior portion containing rounded sebaceous glands (montgomery follicles) and rounded sweat glands.